



Sean Hall

EXPERIENCED COACH

Why work with me?

With a passion for unlocking potential, I'll be dedicated to building a strong relationship with you. We will get to know each other first and then we can dig into exactly what you want to achieve and agree how you'll do it.

3 things you should know:

- I'm a proud father and husband, experiencing the reward of my own children grow
- I've worked with the Clipper Round the World Yacht Race Skippers and First Mates
- I've performed on stage, from Shakespear to pantomime!

About me

I've worked across 4 industries since 2011 including amusement and gaming, toy manufacturing, pharmaceutical and experiential learning and development. Before starting my current role, I had 8 prior years of experience in L&D design, delivery, facilitation and mentoring. Since 2022, I have developed further skills working with leaders and managers across different seniority levels as well as adding coaching to my bow. I've also been able to work with early careers professionals just starting out in their careers, helping them to transition into the professional workplace. I'm right in the heart of what I'm passionate about, and that's creating environments that enable people to unlock their full potential.

My experience

In just under 4 years, I've had the opportunity to coach people at varying levels of profession. From graduates at one the UK's biggest airlines, to MBA graduates at 2 world leading business schools. Recently, I've also been working with a group of 8 senior consultants providing support as they agree their commitments to transitioning from delivering to leading teams.

Testimonials

"Sean has been instrumental in the start of my professional career, and I have recommended him to other graduates on my scheme as a coach"

My approach

I'm people focused at the core of my values and I pride myself on creating a comfortable and inclusive learning environment for anyone I share time with. This means you can expect a calm, amiable and organised approach to my coaching. Above everything, I'm all about active listening to support the coachee as they lead their direction of developmental travel.

Qualifications & accreditations

- Insights Discovery Licensed Practitioner
- HeartMath UK Certified Coach
- Belbin Team Role Accredited
- Blanchard Self Leadership Accredited
- Action Centred Leadership (ACL) Accredited

"Driven by his guidance, Sean helped develop a safe and open environment for conversation. In all, the coaching that Sean provided has had a positive impact on my day-to-day and enabled me to develop as a professional!"