“Communication is the sister of leadership.” – John Adair

When under pressure, managers have to make a lot of difficult decisions. The difference between successful leaders and those who fall short is the ability to balance getting the best out of their team, supporting and motivating them as individuals and still completing the task.

John Adair’s Action Centred Leadership™ (or ACL®) is one of the best known leadership models in the world. It has stood the test of time and has been taught to millions of people globally. The programme will provide you with a greater understanding of how leaders can impact team performance and you will be provided with opportunities to apply this theory in a practical setting at our Outdoor Leadership Centre.

Benefits of ACL

Following completion of the 1-day course you will have:

- A practical framework for effective leadership functions which is immediately applicable within your own team
- A range of strategies for overcoming complex management challenges
- An insight into your own leadership profile and how you can enhance it
Who Should Attend ACL?

Anyone in a management or coaching role who wants to develop their leadership performance including: team leaders, first line managers, section leaders, junior managers, professional coaches. These skills are also very beneficial for people preparing for a future management role.

Programme Format

You will explore the proven Action Centred Leadership principles and how this approach can help you with the issues you face day-to-day. The programme blends group discussions, case studies and practical team challenges to bring theory to life. Each individual will commit to an action plan at the end of the session designed in partnership with our Senior Management Development Trainer.

Core Content

- Identifying the different approaches to leadership
- Introducing the ‘Three Circles’ Model
- Exploring the Leadership Functions
- Introducing the role of a Leader

Next Steps

Price to Attend: £400+VAT per person.

For more information about ACL training or to discuss your individual requirements contact us on:

01283 575905 or email Lori@gra.uk.com

About GRA

GRA has over 25 years of experience in the design and delivery of innovative leadership, team development and behaviour change programmes. Our results-focused solutions incorporate a blend of theoretical and practical learning experiences to maximise performance and learning transfer when delegates return to the workplace. We own and operate two outdoor leadership development centres based at St. George’s Park, Burton-upon-Trent and Wokefield Park, Reading.

Joe Mackintosh
Adair Accredited Trainer

Joe is a Management Development Trainer at GRA and is an Adair Accredited Trainer. Joe is passionate about helping people reach their full potential and this passion is reflected in his enthusiastic, engaging, and honest training delivery.

His natural facilitation skills, coupled with his ability to relate to his audience with illustrative and descriptive stories, helps keep people engaged and motivated.